

Eggshell temperature manipulations during incubation and in ovo injection of thyroxine are associated with a decreased incidence of cold-induced ascites in broiler chickens

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ABSTRACT A hypothesis was tested that eggshell temperature manipulations during incubation and in ovo injection of thyroxine (T_4) would help their progeny chicks to better survive the ascites-inducing condition during the growing period. In experiment 1, a total of 4,800 hatching eggs was randomly arranged in a 2×4 factorial design (8 replicates of 75 eggs per treatment), in which the eggs were incubated at a constant eggshell temperature (EST) of 37.8°C throughout the incubation period (CON) or were exposed to 15°C for one h on d 11, 13, 15, and 17 of incubation (EST manipulations; EST_M), and 4 treatment groups of 3 control groups (no injection; INJ_N , needle pricked; INJ_P , and sterilized distilled water injection; INJ_W) and one T_4 treatment group (injected with sterilized distilled water containing 65 ng of T_4 ; INJ_{T_4}). In experiment 2, 240 one-day-old male broiler chicks from 2 temperature

conditions and injection (INJ_N and INJ_{T_4}) treatment groups were reared for 42 d in a completely randomized design with a 2×2 factorial arrangement. To induce ascites, all chicks were exposed to a 15°C room temperature from 14 d onwards. Results from experiment 1 showed that second-grade chicks and yolk sac weight were decreased, and body weight at hatch was increased in the EST_M and INJ_{T_4} groups. Also, final body weight was increased in the EST_M group. Ascites mortality rate was decreased in the EST_M and INJ_{T_4} groups. In the EST_M and INJ_{T_4} groups, the red blood cell (RBC) and the packed cell volume (PCV) count were decreased. In conclusion, the results showed that the EST_M and INJ_{T_4} treatments during incubation were associated with improved chick quality, productive performance of broilers, and a decreased incidence of cold-induced ascites in broiler chickens.

Key words: ascites, chick quality, cold stress, performance, thyroid

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INTRODUCTION

The ascites syndrome, also known as pulmonary arterial hypertension, is a metabolic disorder in broilers that is initiated by the high oxygen requirement of rapidly growing tissues in meat-type chickens (Julian, 1993; Currie, 1999). Although methods including genetic selection (Pavlidis et al., 2007), feed restriction (Shlosberg et al., 1991), feeding prebiotics (Solis de los Santos et al., 2005), clenbuterol (Ocampo et al., 1998), coenzyme Q_{10} (Geng et al., 2004) and potassium bicarbonate in drinking water (Shlosberg et al., 1998), or maternal hyperthyroidism (Akhlaghi et al., 2012) might

be ameliorative, alternative approaches to minimize the outbreak of this syndrome would be greatly beneficial.

Because the length of the broiler production cycle decreased about 60% within 40 yr, the incubation period has become a larger part of the total life span of a broiler chicken (Baghbanzadeh and Decuypere, 2008; Molenaar et al., 2011). Therefore, optimizing development and maturation during incubation is most important and will in turn optimize the development during the rearing period (Hulet et al., 2007). Literature has indicated that a high eggshell temperature (EST) ($\geq 38.9^\circ\text{C}$) during the second half of incubation reduced chick quality and increased the percentage of second-grade chicks (Leksrisonpong et al., 2007; Molenaar et al., 2011). However, a few studies have addressed the effects of reduced EST on post-hatch performance. Afsarian et al. (2016) periodically exposed hatching eggs for one h to an ambient temperature of 15°C , resulting in periodically lower EST of 25.5, 27.0, 32.5, and

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36.0°C, respectively, at d 11, 13, 15, and 17 of incubation for a maximum period of one hour. Periodically cooling of hatching eggs below 37.8° EST during the plateau phase improved chick quality and development and reduced post-hatch ascites mortality in chicks exposed to low environmental temperatures.

There are some ambiguities in literature concerning thyroid hormones' role in the incidence of ascites syndrome. Several researchers have reported that the use of thyroid hormones can cause ascites syndrome in broiler chickens (Buys et al., 1998), which has been attributed to the increased basal metabolic rate and oxygen consumption of tissues (Bobek et al., 1977). On the other hand, chickens with ascites syndrome are not capable of maintaining sufficient levels of thyroid hormones, and these birds show considerably lower concentrations (Luger et al., 2001). This study postulated that broiler chickens exhibit ascites syndrome due to hypothyroidism. Also, Akhlaghi et al. (2012) reported that triiodothyronine (T_3) and thyroxine (T_4) concentrations decreased in cold-exposed ascetic birds. These researchers showed that the addition of T_4 in drinking water of the breeder hens prevent reduction of T_4 levels in the cold-exposed chickens. Accordingly, ascites mortality rate has been reported to be associated with hyperthyroidism in broiler chickens in cold conditions (Luger et al., 2002). However, the development of embryos is closely associated with metabolic status. In other words, although the shortage of oxygen supply in ascetic birds seems to be related to cardiovascular complications, the role of thyroid hormones in the development of embryonic organs, especially the lungs, should not be ruled out.

As far as we know, there are no reports on in ovo injection of T_4 during incubation. Also, the association between in ovo injection of T_4 and the plausible decreasing effect on ascites incidence in broiler chickens has not been reported previously. Moreover, there is an unclear relationship between EST manipulation during incubation and in ovo injection of T_4 on the thermal resistance and the incidence of ascites in broiler chickens grown in a cold ambient condition. Therefore, the aim of the present study was to evaluate the effects of EST alteration and in ovo injection of T_4 on the incidence of ascites syndrome caused by post-hatch low temperature exposure in broiler chickens.

MATERIALS AND METHODS

Experimental Design

Two experiments were performed hypothesizing that low EST manipulation during incubation and in ovo injection of T_4 would help their progeny chicks to better survive ascites-inducing conditions during the growing period. The first experiment ended at hatching when embryonic mortality, chick quality, and hatchability were determined. In the second experiment, the chicks were reared until slaughtering at 42 d of age when

body weight (**BW**), feed intake (**FI**), feed conversion ratio (**FCR**), and mortality were determined, as well as ascites mortality, immune cell count, and thyroid hormones status. This experiment was conducted under a protocol approved by the Animal Care and Welfare Committee of our institute.

Incubation (Experiment 1)

A total of 6,000 hatching eggs of approximately similar weights (65 ± 6.5 g) was collected from a 36-week-old Arian breeder flock (Babolkenar Arian Line Breeding Center, Babolkenar, Iran). The eggs were stored for 3 d under standard conditions (18°C and 65% relative humidity) and then incubated in a single incubator with a total setting capacity of 16,800 eggs (Petersime, Zulte, Belgium). The eggs were incubated at 37.8°C machine temperature and at a relative humidity of 55 to 60% during the first 10 d of incubation. On d 11 of incubation, the eggs were candled as specified by Ernst et al. (2004), and infertile eggs, cracked eggs, or eggs containing dead embryos were removed and discarded. After candling, a total of 4,800 hatching eggs was randomly allotted to 8 treatment groups. Each group consisted of 8 replicates of 75 eggs (600 eggs/treatment group in total). This experiment was performed in a 2×4 factorial arrangement with incubation temperature group and injection process as factors. The eggs were further incubated at a constant EST of 37.8°C throughout the incubation (**CON**) or exposed to 15°C machine temperature for one h on d 11, 13, 15, 17 of incubation (eggshell temperature manipulations; **EST_M**). Next, eggs in each temperature treatment were subjected to one of the following treatments: no injection (**INJ_N**), needle-pricked (**INJ_P**), sterilized distilled water injection (0.5 mL; **INJ_W**), or T_4 injection (0.5 mL of sterilized distilled water containing 65 ng of T_4 ; **INJ_{T4}**).

All injected solutions were prepared on the d of injection using distilled water. T_4 (Iran Hormone Drug Co., Tehran, Iran) was dissolved in the diluent to achieve the final concentration of 65 ng per injection. The diluent and the T_4 solution were then autoclaved at 121°C for 15 min and were subsequently allowed to cool down to 37.8°C before injection. The volume of injections was set at 0.5 mL for all treatment groups. The injection practice was done on d 18 of incubation by using of a syringe equipped with a 27-gauge needle. Injection depth was approximately 2.5 cm from the top of the blunt end of the egg. The detailed injection procedure was described previously by Zhai et al. (2011a;b) and Ebrahimi et al. (2012).

At hatching, a total of 16 chicks per treatment was randomly selected to determine chick weight and then killed by cervical dislocation to measure yolk free body weight (**BW_{YF}**) and yolk sac weight (**YW**). After hatching, the chicks were classified as first or second grade, for which the chicks that were clean and without

lesions or deformities were classified as first grade and other chicks were classified as second grade (Molenaar et al., 2011). The rates of embryonic mortality, hatchability, and culled chicks were expressed as a percentage of fertile eggs (Molenaar et al., 2011). Unhatched eggs were opened to determine the fertility and stage of embryonic mortality at zero to 3 d, 4 to 14 d, 15 to 18 d, or 19 to 21 d, according to Hamburger and Hamilton (1951).

Grow-out (Experiment 2)

A total of 240 male chicks from incubation temperature (CON and EST_M) and injection process (INJ_N and INJ_{T4}) groups was selected for a 42-day grow-out period. Room temperature was set at 32°C on the first d of age and decreased to 23°C gradually by 3°C/wk until 21 d of age. Afterwards, ascites-inducing conditions were provided according to Akhlaghi et al. (2012). All groups were reared under 15°C until the end of the experiment (between 22 and 42 d). The chicks were exposed to 23 h light and one h darkness through the end of the study. The study was conducted in a 2 × 2 factorial arrangement with incubation temperature (CON and EST_M) and injection process (INJ_N and INJ_{T4}) groups as factors. Each replicate was reared on a floor pen (1.5 × 1.5 m) covered with wood shavings. The birds were randomly assigned to the replicates (4 replicates of 15 chicks per treatment) and were fed a conventional mash broiler starter diet (22% CP and ME 2,850 kcal/kg of diet) between d one to 13, grower diet (21.1% CP and ME 2,896 kcal/kg of diet) between d 14 to 28, and a finisher diet (19.1% CP and ME 2,958 kcal/kg of diet) between d 29 to 42. The diets met or exceeded the strain requirement as appropriate. Feed and water were provided ad libitum throughout the study.

The BW was monitored on a weekly basis. The FCR was determined on a pen basis using the weekly BW and feed consumption values. At 42 d of age, blood samples were taken from the brachial vein into EDTA-coated tubes. Approximately 1 mL of blood was taken for determination of red blood cells (RBC) and packed cell volume (PCV). RBC were counted in a hemocytometer chamber using Natt and Herrick's solution to obtain a 1:200 blood dilution (Maxwell et al., 1986). PCV percentage was determined by centrifugation of microhematocrit capillary tubes at 1,800 × *g* for 12 min at room temperature (Schalm et al., 1975). Also, 0.5 mL of blood was taken from each bird and used to prepare a blood smear slide. The slides were stained using a hematology staining kit (Polysciences Inc, Warrington, PA), air dried, and stored in a slide box. Heterophil/lymphocyte ratio was measured under 1,000 × magnifications using light microscopy.

Another blood portion was centrifuged (12 min at 1,800 × *g*), and the plasma was stored at -20°C for further analysis (Tankson et al., 2002). Plasma T₃ and T₄ concentrations were analyzed using commercially

available kits (Pars Azmon, Tehran, Iran) validated for blood plasma of chickens (Akhlaghi et al., 2012). Briefly, samples were diluted at a rate of 1 to 5 with the dilution buffer to validate for parallelism and recovery rate. The concentrations of T₃ and T₄ were calculated from a standard curve, ranging between 0.5 to 300.0 and 0.03 to 10.0 ng/mL for T₃ and T₄, respectively ($r > 0.99$). Using a calibrator solution (T₄ = 0.00 ng/mL), serial dilutions (at the ratios of 1:2, 1:4, 1:8, and 1:16) were made for 4 plasma samples with known T₄ concentrations to control for linearity. Each sample was evaluated in duplicate. The mean recovery rates were 90, 96, 103, and 109% for the dilution rates of 1:2, 1:4, 1:8, and 1:16, respectively. This procedure also was implemented for T₃ with recovery rates of 92, 95, 101, and 104% for the serially diluted samples. Mortality rate was recorded daily and necropsies performed daily for diagnosis of ascetic birds (Luger et al., 2002). The ascites incidence was presented as the cumulative ascites mortality throughout the production period, plus ascites observed at necropsy on d 42. At the end of rearing, 8 birds per treatment were killed to weigh the heart, liver, spleen, and bursa of Fabricius.

Statistical Analysis

The data were analyzed using SAS (SAS Institute, 2002). Analyses for percentage data, including hatchability, embryonic mortality, and chick quality, were conducted after square root of arc-sine transformation of data. Significant differences between treatment means were determined by the Duncan's multiple range tests. Data from the rearing period of experiment 2 were analyzed using the general linear model (GLM) procedure. Total mortality and mortality due to ascites were analysed with a logistic regression model by the GENMOD procedure of the same package. Differences among treatments were considered by the Duncan's multiple range tests. In all cases, a difference was considered significant at $P \leq 0.05$.

RESULTS

The EST was more influenced in young embryos than in older embryos. Therefore, reducing temperature at d 17 of incubation had only a small effect on the EST (see Afsarian et al., 2016). The hatchability of fertile eggs was not affected by experimental treatments; however, the percentage of first-grade chicks was increased by EST_M and INJ_{T4} treatments (Table 1). Embryonic mortality rate in the third wk of incubation was significantly increased by EST_M ($P = 0.01$; Table 1).

The BW and BW_{YF} at hatching were higher in the EST_M treatments than in the CON (Table 2). Also, YW in EST_M ($P = 0.03$) and INJ_{T4} ($P = 0.001$) was lower as compared to the control treatments (Table 2).

Final BW at the end of the rearing period in the EST_M group was 126 g higher than that recorded for

Table 1. Effects of eggshell temperature (EST) manipulations during incubation and in ovo injection of T₄ on hatchability, chick quality, and embryonic mortality.¹

Item	Hatchability ²	First-grade chicks ²	Embryonic mortality (d) ²			
			0 to -3	4 to -14	15 to -18	19 to -21
EST						
CON	79.51	78.42 ^b	5.60	4.20	2.99 ^b	7.79
EST _M	80.89	82.72 ^a	5.14	3.95	4.51 ^a	5.50
SEM	1.45	0.27	0.48	0.46	0.42	1.02
INJ						
INJ _N	84.69	79.03 ^b	4.61	3.71	2.64	4.47
INJ _P	78.12	78.33 ^b	6.00	5.12	3.75	7.00
INJ _w	79.25	76.88 ^b	5.25	2.87	3.87	8.75
INJ _{T4}	78.75	88.04 ^a	5.62	4.50	4.75	6.37
SEM	2.04	2.06	0.67	0.65	0.59	1.44
EST × INJ						
CON × INJ _N	84.05	76.07	4.66	3.89	1.22	6.42
CON × INJ _P	78.50	77.05	6.50	4.75	3.25	7.00
CON × INJ _w	79.75	75.44	5.25	3.75	3.50	8.25
CON × INJ _{T4}	76.25	85.11	6.00	4.25	4.00	9.50
EST _M × INJ _N	85.33	82.00	4.57	3.54	4.05	2.51
EST _M × INJ _P	77.75	79.60	5.50	5.50	4.24	7.00
EST _M × INJ _w	79.25	78.32	5.25	2.00	4.25	9.25
EST _M × INJ _{T4}	81.25	90.96	5.25	4.75	5.50	3.25
SEM	2.67	2.91	0.95	0.93	0.83	2.03
Source of variation						
EST	0.50	0.05	0.50	0.75	0.01	0.12
INJ	0.10	0.01	0.52	0.10	0.10	0.22
EST × INJ	0.76	0.07	0.94	0.53	0.61	0.26

^{a,b}Within column for each effect, values with different superscripts differ significantly ($P \leq 0.05$).

¹CON = eggs incubated at 37.8°C EST; EST_M = eggs exposed to 15°C for one h on d 11, 13, 15, and 17 of incubation; INJ_N = no injection; INJ_P = needle pricked; INJ_w = sterilized distilled water injection; INJ_{T4} = T₄ injection.

²As a percentage of fertile eggs.

Table 2. Effects of eggshell temperature (EST) manipulations during incubation and in ovo injection of T₄ on chick quality indices.¹

Item	BW (g) ²	BW _{YF} (g) ²	YW (%) ²
EST			
CON	47.03 ^b	38.59 ^b	8.68 ^a
EST _M	48.50 ^a	40.66 ^a	7.84 ^b
SEM	0.51	0.47	0.27
INJ			
INJ _N	48.75	40.44	8.69 ^a
INJ _P	47.75	39.50	8.80 ^a
INJ _w	47.18	38.81	8.72 ^a
INJ _{T4}	47.37	39.75	6.83 ^b
SEM	0.73	0.67	0.39
EST × INJ			
CON × INJ _N	47.50	38.62	9.30
CON × INJ _P	47.12	38.25	9.55
CON × INJ _w	47.25	38.62	9.49
CON × INJ _{T4}	46.25	38.87	6.39
EST _M × INJ _N	50.00	42.25	8.10
EST _M × INJ _P	48.37	40.75	8.05
EST _M × INJ _w	47.12	39.00	7.60
EST _M × INJ _{T4}	48.50	40.62	7.27
SEM	1.03	0.95	
Source of variation			
EST	0.05	0.03	0.03
INJ	0.44	0.40	0.001
EST × INJ	0.57	0.38	0.10

^{a,b}Within column for each effect, values with different superscripts differ significantly ($P \leq 0.05$).

¹CON = egg incubated at 37.8°C EST; EST_M = egg exposed to 15°C for one h on d 11, 13, 15, and 17 of incubation; INJ_N = no injection; INJ_P = needle pricked; INJ_w = sterilized distilled water injection; INJ_{T4} = T₄ injection.

²BW = Body weight; YW = relative weight of yolk sac; BW_{YF} = yolk free body weight.

the CON treatment group ($P = 0.01$; Table 3). The FCR was decreased in the EST_M ($P = 0.05$) and INJ_{T4} ($P = 0.02$) treatments as compared to the control treatments (Table 3). Ascites mortality rate in the EST_M ($P = 0.01$) and INJ_{T4} ($P = 0.05$) treatments groups were 6.67 and 8.12 percent, respectively, being as low as that found in the CON groups (Table 3).

Relative spleen weight was greater in the EST_M ($P = 0.03$) and INJ_{T4} ($P = 0.01$) than in the CON group treatments. Also, the number of lymphocytes in the EST_M group ($P = 0.01$) and the number of heterophils in INJ_{T4} ($P = 0.04$) were, respectively, increased and decreased, in comparison with the CON groups. Heterophil/lymphocyte ratio was lower in the EST_M ($P = 0.02$) and INJ_{T4} ($P = 0.03$) treatments (Table 4).

Heart weight, RBC, PCV, and the plasma levels of T3 and T4 were lower in the EST_M and INJ_{T4} treatments than in the CON groups ($P < 0.05$; Table 5).

DISCUSSION

The aim of the experiment was to determine the effects of eggshell temperature manipulation during incubation and in ovo injection of T₄ on hatchability and chick quality on hatching d, as well as broiler performance and ascites incidence in later life. The manipulation of EST and in ovo injection of T₄ exerts a positive effect on the development of organs and chick quality at the time of hatch. According to the

Table 3. Effects of eggshell temperature (EST) manipulations during incubation and in ovo injection of T₄ on growth performance and ascites mortality.¹

Item	FI (g) ²	BW (g) ²	FCR ²	Ascites mortality (%)	Overall mortality (%)
EST					
EST _M	3986	2,090 ^a	1.91 ^b	6.67 ^b	13.33
CON	3933	1,964 ^b	2.01 ^a	14.63 ^a	25.75
INJ					
INJ _{T4}	3903	2061	1.90 ^b	8.12 ^b	16.25
INJ _N	4017	1993	2.02 ^a	13.17 ^a	22.83
SEM	47.32	29.02	0.031	1.68	4.41
EST × INJ					
EST _M × INJ _{T4}	3963	2104	1.89	5.00	10.00
EST _M × INJ _N	4009	2077	1.93	8.33	16.67
CON × INJ _{T4}	3841	2018	1.91	11.25	22.50
EST _M × INJ _N	4024	1910	2.10	18.00	29.00
SEM	66.91	41.04	0.044	2.38	6.23
Source of variation					
EST	0.44	0.01	0.05	0.01	0.07
INJ	0.11	0.12	0.02	0.05	0.31
EST × INJ	0.32	0.35	0.09	0.49	0.99

^{a,b}Within column for each effect, values with different superscripts differ significantly ($P \leq 0.05$).

¹CON = egg incubated at 37.8°C EST; EST_M = egg exposed to 15°C for one h on d 11, 13, 15, and 17 of incubation; INJ_N = no injection; INJ_{T4} = T₄ injection.

²FI = feed intake; BW = body weight; FCR = feed conversion ratio.

Table 4. Effects of eggshell temperature (EST) manipulations during incubation and in ovo injection of T₄ on immune organ relative weight and immune cell count.¹

Item	Spleen (%)	Bursa of Fabricius (%)	Leukocyte ($\times 10^3$)	H (%) ²	L (%) ²	H/L ²
EST						
EST _M	0.159 ^a	0.166	28.11	26.50	70.62 ^a	0.37 ^b
CON	0.130 ^b	0.151	28.31	27.62	68.25 ^b	0.40 ^a
INJ						
INJ _{T4}	0.161 ^a	0.165	28.05	26.12 ^b	69.37	0.38 ^b
INJ _N	0.128 ^b	0.153	28.37	28.00 ^a	69.50	0.40 ^a
SEM	0.08	0.019	0.71	0.58	0.54	0.01
EST × INJ						
EST _M × INJ _{T4}	0.165	0.185	27.30	26.00	70.00	0.37
EST _M × INJ _N	0.153	0.148	28.92	27.00	71.25	0.38
CON × INJ _{T4}	0.158	0.145	28.80	26.25	68.75	0.38
EST _M × INJ _N	0.103	0.158	27.82	29.00	67.75	0.43
SEM	0.012	0.026	1.00	0.83	0.77	0.011
Source of variation						
EST	0.03	0.58	0.84	0.20	0.01	0.02
INJ	0.01	0.64	0.75	0.04	0.87	0.03
EST × INJ	0.09	0.36	0.22	0.31	0.17	0.11

^{a,b}Within column for each effect, values with different superscripts differ significantly ($P \leq 0.05$).

¹CON = egg incubated at 37.8°C EST; EST_M = egg exposed to 15°C for one h on d 11, 13, 15, and 17 of incubation; INJ_N = no injection; INJ_{T4} = T₄ injection.

²H = Heterophil percentage; L = lymphocyte percentage; H/L = Heterophil/lymphocyte ratio.

literature, the absorption of yolk sac contents to the abdominal cavity of the fetus occurs immediately before hatching and is influenced by the level of T₄ hormone (Wilson and McNabb, 1997). Gradual increase in the secretion of this hormone from the thyroid gland of the fetus stimulates growth and development of the fetus and provides an optimum condition for subsequent life, such as absorption of the yolk sac (McNabb, 2006). Based on the results of the present study, the number of first-grade chicks was increased in INJ_{T4} group compared to the INJ_N. To the best of our knowledge, this is the first study investigating the effect of in ovo injection of T₄ on chick quality—respectively, 88.04 vs. 79.03% for chickens in the INJ_{T4} and INJ_N groups.

According to results of this study, EST_M during incubation increased percentage of first-grade chicks. This result is in line with the studies proving the effectiveness of EST on yolk sac absorption and fetal development (Lourens et al., 2005, 2007; Maatjens et al., 2014). The fetus is a poikilothermic organism and has limited ability to regulate its body temperature by means of increased or decreased heat production during incubation (Romjin and Lokhorst, 1955). Therefore, metabolic rate of the fetus is mainly influenced by temperature (Maatjens et al., 2014). It has been reported that the reduction in EST increases metabolic rate and heat production in the fetus (Afsarian et al., 2016). Therefore, it can be speculated that the EST_M can improve the absorption of the yolk sac at the time of hatch.

Table 5. Effects of eggshell temperature (EST) manipulations during incubation and in ovo injection of T_4 on visceral organs, RBC, PCV, and thyroid hormones status of broilers at 42 d of age.¹

Item	Heart (%)	Liver (%)	RBC ($\times 10^6/\mu\text{L}$)	PCV (%)	T_3 (ng/mL)	T_4 (ng/mL)	T_3/T_4
EST							
EST _M	0.553 ^b	2.47	2.36 ^b	29.90 ^b	2.64 ^b	4.91 ^b	0.55
CON	0.609 ^a	2.50	2.52 ^a	32.35 ^a	3.60 ^a	6.28 ^a	0.59
INJ							
INJ _{T₄}	0.555 ^b	2.48	2.36 ^b	30.25 ^b	2.80 ^b	4.89 ^b	0.58
INJ _N	0.606 ^a	2.48	2.52 ^a	32.00 ^a	3.41 ^a	6.29 ^a	0.55
SEM	0.017	0.12	0.052	0.56	0.20	0.44	0.04
EST \times INJ							
EST _M \times INJ _{T₄}	0.555	2.39	2.32	29.85	2.53	4.67	0.55
EST _M \times INJ _N	0.550	2.54	2.40	29.95	2.74	5.14	0.54
CON \times INJ _{T₄}	0.555	2.57	2.41	30.65	3.06	5.12	0.62
EST _M \times INJ _N	0.663	2.42	2.63	34.05	4.07	7.43	0.56
SEM	0.017	0.17	0.074	0.80	0.28	0.62	0.06
Source of variation							
EST	0.04	0.88	0.05	0.01	0.01	0.05	0.46
INJ	0.05	0.98	0.05	0.05	0.05	0.04	0.56
EST \times INJ	0.04	0.41	0.40	0.06	0.18	0.17	0.70

^{a,b}Within column for each effect, values with different superscripts differ significantly ($P \leq 0.05$).

¹CON = egg incubated at 37.8°C EST; EST_M = egg exposed to 15°C for one h on d 11, 13, 15, and 17 of incubation; INJ_N = no injection; INJ_{T₄} = T_4 injection.

The incubation temperature affects organ development and chick quality at the time of hatch (Ipek et al., 2014). It has been proved that the quality of day-old chickens is a prerequisite for the start of a successful breeding period and later chick performance (Willemssen et al., 2008; Meijerhof, 2009). However, high BW_{YF} is one of the most important indices in assessing chick quality (Lourens et al., 2005; Joseph et al., 2006; Maatjens et al., 2014). In the present study, chickens in the EST_M group showed the highest BW and BW_{YF} and the lowest YW on the d of hatch. This is in agreement with the results of previous studies (Joseph et al., 2006; Yalçın et al., 2012; Afsarian et al., 2016), which concluded that the reduction in temperature during later stages of the incubation period decreases yolk sac weight and increases chick BW through positive effects on the fetus. It seems that decreased YW and increased BW_{YF} at the time of hatch are associated with the establishment of a balance in energy expenditure for survival or the development of muscles and organs.

YW was decreased in the INJ_{T₄} group compared to the INJ_N group. Generally, yolk sac consumption reaches 1 gr/d during the last 2 d of incubation due to a peak in T_4 secretion (Noble, 1987). It seems that 21% decrease in yolk sac weight at the time of hatch after in ovo injection of T_4 is related to the increasing effect of this hormone on metabolism.

Changes in incubation temperature can influence the economic efficiency of the broiler breeding industry via affecting post-hatch performance (Lourens and van Middelkoop, 2000; Lourens et al., 2005). At the end of the breeding period, chickens in the EST_M group weighed more than the CON group. Previous research showed that higher BW of chickens at the time of hatch affects slaughter weight, although this relationship seems uncertain (Tona et al., 2003 and 2004). Anyway, Shahir et al. (2012) and Shinder et al. (2002, 2009) reported that metabolism, feed consumption, and BW

can be influenced by thermal stimulation at the embryonic stage or the first wk of life. Thermal stimulation in the embryonic period can stimulate the hypothalamus-hypophysis-thyroid axis and increase fetal T_4 secretion (McNabb, 2006 and 2007), which in turn regulates metabolic rate and affects development of organs, such as the intestine (Akhlaghi et al., 2013). Some reports show that high levels of T_4 in the embryonic period improve the absorptive capacity of the intestine (Van der Geyten et al., 2002; Akhlaghi et al., 2013). In addition, Afsarian et al. (2016) reported that administration of periodical low EST during incubation prevents later increase in thyroid hormone levels in broiler chickens kept in cold conditions. Therefore, the lack of changes in metabolic rate of a bird exposed to cold weather improves its performance under cold stress. FCR was improved in the INJ_{T₄} group compared to the INJ_N group, which may be associated with development of the intestine at the time of hatch (Wasan et al., 2005; Molenaar et al., 2011; Akhlaghi et al., 2013). Palo et al. (1995) reported that the development of the gastrointestinal tract has a major role in the growth of broilers during the post-hatch period. As a product of intestinal deiodination of T_4 , T_3 plays an important role in differentiation of the intestine during the last wk of incubation (Van der Geyten et al., 2002). In ovo injection of T_4 can increase T_3 production and thus improve differentiation and development of the intestine. Therefore, the improved absorptive performance of the intestine and bird yield can be expected.

Ascites is the main cause of mortality in broiler breeding units throughout the world (Wideman and French, 2000; Akhlaghi et al., 2012). Low temperature and high growth rate during the breeding period are major underlying factors for the incidence of the ascites due to their increasing effect on metabolic rate and oxygen demand (Wideman, 2001; Baghbazadeh and Decuyper, 2008). Therefore, we decreased the ambient

temperature in order to induce ascites in the present study. Ascites-induced mortalities were reduced in the EST_M group compared to the CON, which was consistent with the results of Shahir et al. (2012) and Shinder et al. (2011), who reported decreased ascites-induced losses in chicks exposed to cold conditions in the embryonic stage or early stages of the breeding period. Lower incidence of ascites in the EST_M group can be associated with metabolism of thyroid hormones in birds under cold stress (Afsarian et al., 2016). These researchers reported that a periodical low EST during incubation prevents elevation of thyroid hormone levels in broilers exposed to lower environmental temperatures. Therefore, the lack of an increase in thyroid hormone concentration can prevent ascites.

Also, according to the results of the present study, ascites-induced mortalities were decreased in the INJ_{T₄} group compared to the INJ_N. This can be related to the effect of thyroid hormones on the development of the vascular system and increased efficiency of O₂ and CO₂ exchange. Wittmann et al. (1983) reported that the thyroid hormone is necessary for the maturity of the lungs in birds. In addition, Van der Geyten et al. (2002) reported that the production of T₃ through deiodination of T₄ in the lungs affects the cardiovascular system. Therefore, it appears that in ovo injection of T₄ leads to optimal maturation of the respiratory and cardiovascular systems in broiler chickens. However, further research is needed to confirm this hypothesis.

According to the results of this study, the relative weight of the spleen and the percentage of lymphocytes were higher in the EST_M group than the CON group. This finding contradicts that of Santin et al. (2003), who suggested that changing the incubation temperature did not affect immune responses. The difference found in these 2 experiments may be attributed to duration of exposure to cold, degree of cold stress, or the genetic background of the birds.

The increase in the relative weight of the spleen in birds of the INJ_{T₄} group might be due to the reduction in stressful factors such as temperature change or stock density during the breeding period, since these factors increase secretion of corticosteroids from the adrenal glands. These compounds can decrease relative weight of the thymus and spleen, cell proliferation factor, and interleukin II (Siegel and Latimer, 1984). Therefore, it seems that the use of T₄ during the embryonic stage reduces stress and increases resistance of the birds to stress under cold conditions in later life. Also, the number of heterophils was decreased in the INJ_{T₄} group compared to the INJ_N. Siegel and Latimer (1984) found that the increase in corticosteroid secretion from the adrenal gland increased the number of heterophils and lymphocytes. Therefore, the reduction in heterophils in the INJ_{T₄} group can be associated with changes in secretion of these hormones.

The heterophile/lymphocyte ratio is an appropriate index of stress in broiler chickens (Puvadolpirod and Thaxton, 2000). Therefore, a lower heterophile/

lymphocyte ratio in the EST_M and INJ_{T₄} groups is indicative of resistance to reduction or changes in temperature among these birds and that these birds may not sense reduction in ambient temperature.

In the present study, relative weight of the heart, RBC count and PCV were lower in the EST_M group compared to the CON group. Yahav et al. (1997), Balog et al. (2003), Kamely et al. (2015) and Julian (1987) reported a direct relationship between reduction in temperature and increased relative weight of the heart and viscosity of blood. Generally, with the exposure of chickens to low temperatures, the demand for oxygen increases over 185% (Gleeson, 1986). Therefore, heart rate enhances in order to increase cardiac output and to compensate for the shortage of oxygen in tissues, leading to elevated heart muscle weight. On the other hand, erythropoiesis increases to control hypoxia and subsequently increases the number of RBC, resulting in lower oxygen delivery and increased blood viscosity (Rajani et al., 2011). Since birds did not sense the reduction in ambient temperature in the present study, we did not observe any increase in heart relative weight, RBC, or PCV.

Relative weight of the heart, RBC, and PCV were decreased in INJ_{T₄} group compared to the INJ_N, which was consistent with the result obtained by Luger et al. (2002), who reported decreased hematocrit and RBC in chickens receiving T₄ and kept in cold conditions. This may be related to the effect of T₄ on the development of the lungs in the embryonic stage.

The results of the present experiment showed that levels of T₃ and T₄ in chickens in the CON group were higher, compared to the EST_M group. This finding was consistent with the result obtained by Shahir et al. (2012), who reported that cold conditioning of broiler chicks decreased the circulatory T₃ concentration.

In the present study, the level of thyroid hormones was lower in the INJ_{T₄} group than the INJ_N. Generally, thyroid hormones influence heat-sensing neurons of the hypothalamus in the embryonic stage and alter the sensitivity of these neurons to temperature changes during the rearing period (McNabb, 2006, 2007). Therefore, it can be speculated that the use of an exogenous T₄ in the embryonic stage can influence this process, and environmental temperature reduction does not change the secretion of thyroid hormones in chickens of the INJ_{T₄} group.

In conclusion, the results of the present study showed that the manipulation of EST on d 11, 13, 15, and 17 of incubation as well as in ovo injection of T₄ influence chick quality and performance during the breeding period.

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